

Nepean Masters Swim Club SCM Records

Updated December 2012

Women 18 - 24

Event	Swimmer	Time	Meet	Date
50 Free	Stef Wood	31.4	EOMAC	April 1999
100 Free	Kadie Baker	1:08.7	OYO	November 1996
200 Free	Stef Wood	2:36.5	Nationals	May 1999
400 Free	no record			
800 Free	Krista Durrell	13:03.8	Provincials	April 2003
1500 Free	no record			
50 Back	Danielle Pittman	38.72	Nationals	May 2011
100 Back	Paola Turcotte	1:28.9	Tsunami	January 1994
200 Back	Danielle Pittman	2:53.50	Nationals	May 2011
50 Breast	Marietta Koenen	39.30	Arnprior	March 1987
100 Breast	Stephanie Leach	1:28.6	Arnprior	March 1993
200 Breast	Krista Durrell	3:19.9	Nationals	May 2003
50 Fly	Marietta Koenen	34.0	Arnprior	March 1987
100 Fly	Marietta Koenen	1:15.2	Arnprior	March 1987
200 Fly	no record			
100 IM	Stephanie Leach	1:20.9	Arnprior	March 1993
200 IM	Stephanie Leach	2:56.9	Arnprior	March 1993
400 IM	no record			

Women 25 - 29

Event	Swimmer	Time	Meet	Date
50 Free	Heather Rink	29.8	Nationals	May 1989
	Alyson Pepper	29.8	Nationals	May 1999
100 Free	Heather Rink	1:07.0	Nationals	May 1989
200 Free	Alyson Pepper	2:29.7	Nationals	May 1999
400 Free	Heather Rink	5:21.4	Nationals	June 1993
800 Free	Missy Parent	11:26.8	Nationals	May 1999
1500 Free	Missy Parent	22:03.4	Nationals	May 1999
50 Back	Heather Rink	34.0	Calgary	May 1991
100 Back	Heather Rink	1:14.9	Etobicoke	April 1992
200 Back	Heather Rink	2:41.9	Etobicoke	April 1992
50 Breast	Andrea Zegarra	37.23	Nationals	May 2005
100 Breast	Andrea Zegarra	1:20.2	Nationals	May 2005
200 Breast	Andrea Zegarra	2:56.3	Nationals	May 2005
50 Fly	Heather Rink	33.0	Nationals	May 1989
100 Fly	Heather Rink	1:15.8	Calgary	May 1991
200 Fly	no record			
100 IM	Heather Rink	1:15.2	Etobicoke	April 1992
200 IM	Heather Rink	2:45.9	Etobicoke	April 1992
400 IM	Lisa Scott	6:36.2	Nationals	June 1993

Women 30 - 34

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	29.0	Etobicoke	April 1986
100 Free	Cathy Merritt	1:03.9	Etobicoke	April 1986
200 Free	Cathy Merritt	2:22.9	Winnipeg	May 1985
400 Free	Micheline Turnau	5:15.66	ON Provincials	March 2009
800 Free	Nathalie Belair Jones	11:46.7	QC Provincials	April 2006
1500 Free	Jodi Kathron	25:06.3	Nationals	May 1999
50 Back	Heather Rink	35.5	Tsunami	November 1993
100 Back	Heather Rink	1:18.0	ON Provincials	April 1995
200 Back	Heather Rink	2:50.2	Tsunami	November 1993
50 Breast	Holly Hutchings	36.34	Nationals	May 2009
100 Breast	Andrea Zegarra	1:20.3	QC Provincials	April 2006
200 Breast	Holly Hutchings	2:53.88	ON Provincials	March 2009
50 Fly	Laurie Nera	32.6	Nationals	May 1989
100 Fly	Nathalie Belair Jones	1:17.5	Nationals	May 2005
200 Fly	no record			
100 IM	Holly Hutchings	1:13.37	Nationals	May 2009
200 IM	Holly Hutchings	2:39.07	Nationals	May 2009
400 IM	Holly Hutchings	5:56.89	ON Provincials	March 2011

Women 35 - 39

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	29.0	Nationals	May 1989
100 Free	Cathy Merritt	1:03.7	Nationals	May 1989
200 Free	Cathy Merritt	2:20.0	Nationals	May 1989
400 Free	Micheline Turnau	5:09.41	ON Provincials	March 2011
800 Free	Nathalie Belair Jones	11:44.34	ON Provincials	March 2009
1500 Free	Carolyn Stewart	22:37.6	Nationals	May 1999
50 Back	Marina MacDougall	37.2	Nationals	May 1999
100 Back	Micheline Turnau	1:21.23	ON Provincials	March 2011
200 Back	Cathy Merritt	2:53.0	Tsunami	November 1991
50 Breast	Cathy Merritt	37.9	Nationals	May 1989
100 Breast	Cathy Merritt	1:21.4	Nationals	May 1989
200 Breast	Cathy Merritt	3:00.8	Nationals	May 1989
50 Fly	Nathalie Belanger	31.59	ON Provincials	March 2011
100 Fly	Nathalie Belair Jones	1:17.09	ON Provincials	March 2009
200 Fly	Nathalie Belair Jones	2:56.85	Nationals	May 2008
100 IM	Nathalie Belanger	1:13.52	ON Provincials	March 2011
200 IM	Lorri Black	2:50.0	Nationals	May 2003
400 IM	Lorri Black	6:05.9	ON Provincials	March 2004

Women 40 - 44

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	30.2	Etobicoke	May 1993
100 Free	Cathy Merritt	1:05.2	Etobicoke	May 1993
200 Free	Cathy Merritt	2:23.2	ON Provincials	April 1996
400 Free	Lesley Dusevic	5:13.40	Nationals	May 2011
800 Free	Lesley Dusevic	10:51.90	Nationals	May 2011
1500 Free	Lesley Dusevic	21:09.03	ON Provincials	March 2011
50 Back	Claudia Cronin-Schlote	36.8	Tsunami	January 1994
100 Back	Cathy Merritt	1:21.5	Tsunami	November 1994
200 Back	Lorri Black	2:56.9	Nationals	May 2007
50 Breast	Cathy Merritt	38.6	ON Provincials	April 1996
100 Breast	Cathy Merritt	1:25.2	Etobicoke	May 1993
200 Breast	Cathy Merritt	3:04.0	Etobicoke	May 1993
50 Fly	Lesley Dusevic	34.35	Technosport	December 2012
100 Fly	Lorri Black	1:17.9	QC Provincials	March 2006
200 Fly	Lorri Black	3:05.40	Nationals	May 2008
100 IM	Cathy Merritt	1:17.6	Arnprior	March 1993
200 IM	Cathy Merritt	2:45.5	Provincials	May 1997
400 IM	Lorri Black	6:03.5	Nationals	May 2007

Women 45 - 49

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	29.9	Nationals	June 1997
100 Free	Cathy Merritt	1:05.0	Nationals	June 1997
200 Free	Cathy Merritt	2:23.0	Nationals	June 1997
400 Free	Lesley Dusevic	5:08.4	Nationals	May 2013
800 Free	Lesley Dusevic	10:41.37	Nationals	May 2016
1500 Free	Lesley Dusevic	20:31.0	Nationals	May 2013
50 Back	Cathy Merritt	38.0	EOMAC	April 1999
100 Back	Cathy Merritt	1:20.9	Nationals	June 1997
200 Back	Cathy Merritt	2:59.3	Brockville	December 2000
50 Breast	Cathy Merritt	39.3	1000 red/g	November 1998
100 Breast	Cathy Merritt	1:25.8	Nationals	June 1997
200 Breast	Cathy Merritt	3:07.7	Nationals	June 1997
50 Fly	Lesley Dusevic	34.12	Nationals	May 2013
100 Fly	Cathy Merritt	1:24.4	OYO	November 1998
	Peggy Baxter	1:24.4	Kingston	November 2004
200 Fly	Carolyn Odecki	3:20.6	Nationals	May 2003
100 IM	Cathy Merritt	1:16.9	ON Provincials	March 1998
200 IM	Cathy Merritt	2:48.1	1000 Fall	December 1997
400 IM	Cathy Merritt	6:04.4	EOMAC	April 1999

Women 50 - 54

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	31.1	ON Provincials	April 2002
100 Free	Cathy Merritt	1:06.5	Nationals	May 2003
200 Free	Cathy Merritt	2:28.4	ON Provincials	April 2002
400 Free	Peggy Baxter	5:37.3	Nationals	May 2005
800 Free	Brigitte Zirger	13:10.3	Nationals	May 2005
1500 Free	Peggy Baxter	23:16.4	Nationals	May 2005
50 Back	Cathy Merritt	38.1	ON Provincials	April 2003
100 Back	Cathy Merritt	1:22.4	ON Provincials	April 2002
200 Back	Cathy Merritt	2:57.7	Nationals	May 2003
50 Breast	Cathy Merritt	40.6	Nationals	May 2003
100 Breast	Cathy Merritt	1:28.2	Nationals	May 2003
200 Breast	Cathy Merritt	3:11.3	Kingston	November 2003
50 Fly	Peggy Baxter	35.5	Nationals	May 2006
100 Fly	Peggy Baxter	1:23.9	Nationals	May 2005
200 Fly	Peggy Baxter	3:27.5	QC Provincials	March 2006
100 IM	Cathy Merritt	1:17.8	ON Provincials	April 2002
200 IM	Cathy Merritt	2:53.0	ON Provincials	April 2002
400 IM	Cathy Merritt	6:16.2	ON Provincials	March 2004

Women 55 - 59

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	30.90	Nationals	May 2009
100 Free	Cathy Merritt	1:07.09	Nationals	May 2009
200 Free	Cathy Merritt	2:29.72	Nationals	May 2009
400 Free	Cathy Merritt	5:27.26	ON Provincials	March 2009
800 Free	Cathy Merritt	11:20.2	Nationals	May 2009
1500 Free	Peggy Baxter	22:43.17	ON Provincials	March 2011
50 Back	Cathy Merritt	40.1	Nationals	May 2009
100 Back	Cathy Merritt	1:23.66	ON Provincials	March 2009
200 Back	Cathy Merritt	3:02.11	Nationals	May 2009
50 Breast	Cathy Merritt	40.75	Nationals	May 2009
100 Breast	Cathy Merritt	1:21.5	Nationals	May 2007
200 Breast	Cathy Merritt	3:12.1	Kingston	November 2007
50 Fly	Cathy Merritt	35.56	Nationals	May 2010
100 Fly	Cathy Merritt	1:24.85	Nationals	May 2008
200 Fly	no record			
100 IM	Cathy Merritt	1:18.25	Nationals	May 2009
200 IM	Cathy Merritt	2:52.30	ON Provincials	March 2009
400 IM	Cathy Merritt	6:30.01	ON Provincials	March 2010

Women 60 - 64

Event	Swimmer	Time	Meet	Date
50 Free	Cathy Merritt	30.97	Nationals	May 2012
100 Free	Cathy Merritt	1:08.43	Nationals	May 2012
200 Free	Cathy Merritt	2:32.35	QC Provincials	April 2012
400 Free	Cathy Merritt	5:31.01	QC Provincials	April 2012
800 Free	Cathy Merritt	11:24.51	QC Provincials	May 2012
1500 Free	no record			
50 Back	Brigitte Zirger	47.44	QC Provincials	April 2012
100 Back	Cathy Merritt	1:25.94 RS	ON Provincials	March 2012
200 Back	Brigitte Zirger	3:31.54	QC Provincials	April 2012
50 Breast	Cathy Merritt	41.46	QC Provincials	April 2012
100 Breast	Cathy Merritt	1:31.48	Nationals	May 2012
200 Breast	Cathy Merritt	3:24.94	QC Provincials	April 2012
50 Fly	Cathy Merritt	35.67	Nationals	May 2012
100 Fly	Cathy Merritt	1:26.29	ON Provincials	March 2012
200 Fly	no record			
100 IM	Cathy Merritt	1:20.80	ON Provincials	March 2012
200 IM	Cathy Merritt	2:57.31	QC Provincials	April 2012
400 IM	no record			

Women 65 - 69

Event	Swimmer	Time	Meet	Date
50 Free	Sally O'Brien	47.98	ON Provincials	March 2010
100 Free	Sally O'Brien	1:47.58	ON Provincials	March 2010
200 Free	Sally O'Brien	4:06.69	Nationals	May 2012
400 Free	no record			
800 Free	no record			
1500 Free	no record			
50 Back	Sally O'Brien	58.03	ON Provincials	March 2010
100 Back	Sally O'Brien	2:03.81	ON Provincials	March 2010
200 Back	Sally O'Brien	4:41.99	Nationals	May 2012
50 Breast	Sally O'Brien	1:04.31	ON Provincials	March 2012
100 Breast	no record			
200 Breast	no record			
50 Fly	no record			
100 Fly	no record			
200 Fly	no record			
100 IM	no record			
200 IM	no record			
400 IM	no record			

Women 70 - 74

Event	Swimmer	Time	Meet	Date
50 Free				
100 Free				
200 Free				
400 Free				
800 Free				
1500 Free				
50 Back				
100 Back				
200 Back				
50 Breast				
100 Breast				
200 Breast				
50 Fly				
100 Fly				
200 Fly				
100 IM				
200 IM				
400 IM				

Women 75 - 79

Event	Swimmer	Time	Meet	Date
50 Free				
100 Free				
200 Free				
400 Free				
800 Free				
1500 Free				
50 Back				
100 Back				
200 Back				
50 Breast				
100 Breast				
200 Breast				
50 Fly				
100 Fly				
200 Fly				
100 IM				
200 IM				
400 IM				